

Quilt As You Go (QAYG) Technique class

Needs list for Kapiti Coast Quilters

This class is aimed at all levels of quilting. These are fantastic techniques to use especially if we are injured or we struggle to push a whole Quilt through a sewing machine. This technique is also great for constructing quilts with delicate blocks where folding or rolling a quilt would damage them.

The class was designed as a two-day class but has been adapted to a **ONE day class for your club**. Because of this, before class you need to do cutting preparation as outlined in this needs list. **PLEASE READ ALL INSTRUCTIONS CAREFULLY**. Doing the prep will reduce your stress (being left behind), allow you time to learn each technique as you make your blocks and get the most out of your class fee.



Figure

We will cover various block constructions involving piecing and quilting together as well as four different block joining techniques. The small class sampler you will make is a technical learning tool and a reference for you when making quilts in the future.

You do not need to buy new fabrics. This is a great opportunity to use both scraps of fabric and of batting. Yay, maybe a small dent in your stash! Look at the two examples to help you decide how you would like your piece to look. If you like the co-ordinated look and wish to use only one backing fabric you need 1 metre.

Once you have learned them, QAYG techniques are surprisingly straight forward. My job is to guide you gently through these techniques and to help you avoid the pitfalls e.g. in the coloured example (figure 2). If you can't see it, look again at the border

Blocks one and two will be using QAYG block joining technique 1

Blocks three and four will be using a QAYG block joining technique 2.

The two rows of blocks will be joined using traditional QAYG method 3 (hand work required).

Borders will be using a different block joining technique 4.

So please follow each cutting instruction separately and don't assume backing and batting cutting instructions are the same for all blocks. Place your fabrics for each block into separate labelled bags.



Figure 2

FABRIC REQUIREMENTS

Block One (half square triangles - group piecing):

Either

Cut four 6" squares light fabric and four 6" squares dark fabric (fig 1).

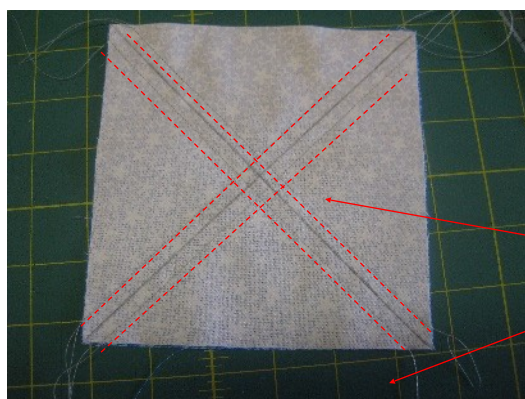
Or

Cut two 6" light and two x 6" dark of contrast one (fig2) then cut two 6" light and two 6" dark of contrast two

Backing cut one 9" square. Batting cut one 9" square

Sewing prep:

Layer light square onto the top of each dark square (right sides together).



Draw a line diagonally across from point to point in both directions.

Set your stitch length to 1.8 or 2 on your machine. Stitch $\frac{1}{4}$ " down each side of the line (figure 1).

Cut down the center of the block in both directions. (figure 2)

Sub cut through the sewn lines. (figure 3)





Figure 2

Figure 3

Open each unit, iron and trim down to 2 ½" square.

Lay out your 2 ½" squares into a pattern you of your choice - chevron, rows etc and then sew into 4x strip combinations i.e. (picture below). Please do not join the rows together.



Block Two (diagonal strips - strip piecing - figure 1)

Cut one 13 ½" x 2" dark strip (center)
 Cut one 13 ½" x 2" light strip (center)
 Cut one 10" x 2" light
 Cut one 10" x 2" dark
 Cut one 7" x 2" light
 Cut one 7" x 2" dark
 Cut one 4 x 2" light
 Cut one 4 x 2" dark
 Backing and batting cut one 9" square of each

Sashing strips to join block one and two together.

Front cut one 1 ¼" x 9" strip

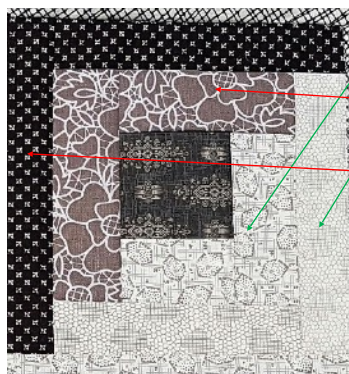
Back cut one 1 ¾" x 9" strip (can be the same as backing fabric used in block one and two)

Block Three - random width strips

Cut one 9" x 3 ½"
 Cut one 9" x 3"
 Cut one 9" x 2 ½"
 Cut one 9" by 1 ½"

Backing fabric cut one 9 $\frac{3}{4}$ " square
 Batting cut one 8 $\frac{3}{4}$ " square

Block Four - Log Cabin



Cut one 3" square (center of block)
 Light A cut one 2" x 3", cut one 2" x 4 $\frac{1}{2}$ "
 Dark A cut one 2" x 4 $\frac{1}{2}$ ", cut one 2" x 6"
 Light B cut one 2" x 6", cut one 2" x 7 $\frac{1}{2}$ "
 Dark B cut one 2" x 7 $\frac{1}{2}$ ", cut one 2" x 9"

Backing fabric cut one 9 $\frac{3}{4}$ " square
 Batting cut one 8 $\frac{3}{4}$ " square

Sashing for joining two rows together (center)

Back sashing cut one 17" x 1 $\frac{3}{4}$ "

Front sashing cut one 17" x 1 $\frac{3}{4}$ "

Border



Fabric: Cut one 27" x 10" and Cut one 16 $\frac{1}{2}$ " x 10"

Batting: Same as for fabric

Backing: cut one 27" x 11" and one 16 $\frac{1}{2}$ " x 11"

Center the batting onto the backing fabric. Then lay the border fabric on top. On the right side of your border draw with chalk or removeable marker, draw a line lengthwise 1/2 "from the sides from the top of your border to the bottom. Quilt your border between these lines.

Binding (Machine sewn - no hand work):

Pre- make a strip of binding 2 $\frac{1}{2}$ " wide, folded over and pressed. Length should be 106" or 2.7 meters (approx.) You can use leftover binding from other projects.

OTHER REQUIREMENTS

Sewing machine with new size 90/14 needle.

Walking foot. Mark on it $\frac{1}{4}$ " from center - needle position. (If you have additional walking foot attachments, please bring them).

Power cord and foot control.

Appropriate coloured thread for piecing and quilting your fabric

2 x pre-wound bobbins to match your backing fabric choices.

Rotary cutter and board

Rulers - 24" long ruler and a 10" - 12" square if you have one.

Biro for marking batting.

Chalk (or marking pen) will be used to mark quilting lines.

Scissors or snips for cutting threads & trimming batting.

Quilt pins

Clover clips (if you have them)

Hand needle and thimble (if you use them)